

## THE PERFORMER'S MASTERY

### For Creative Types:

This workshop will help you to discover and hone your communication skills with others by giving you the opportunity to experience the performer's process first hand.



### For Performers and Artists:

This workshop is effective for:

- Breaking through where you stop in your craft, your career and your life
- Learning to take risks and going beyond your comfort zone
- Supporting and being supported at 100%

### You Owe It To Yourself To Say "YES"

- Do you want to be the cause of your life and your career?
- Do you want to discover and to truly actualize your potential?
- Are you willing to put yourself into an arena to do whatever it takes to make it through?

## THE PERFORMER'S MASTERY

March 23, 24, 25 2012

(Friday, 5:30 pm - finish)

(Saturday, 10:00 am - finish)

(Sunday, 9:00 am - 8:30 pm approx.)

-- Maximum 20 participants --

\* \* \* \* \*

\$795 HST included ~ \$200 Deposit Required

\*\* Cash/Chq/VISA/MC/AMEX - PayPal- E-mail Trnsfr \*\*

### Take Advantage of our Early Bird Discounts!

**\$695 HST INCLUDED**

when paid in full by

**February 17, 2012**

(a \$100 savings)

or

**\$725 HST INCLUDED**

when paid in full by

**March 9, 2012**

(a \$70 savings)

For Information or to Register for the  
Performer's Mastery Contact:

**HENRY J MAH: 604-299-0919**

E-mail: [mastery@henryjmah.com](mailto:mastery@henryjmah.com)

**LINDA DARLOW: 604-255-0484**

E-mail: [lindarlow@shaw.ca](mailto:lindarlow@shaw.ca)

*"Whatever you can do, or dream you can - begin it.  
Boldness has genius, power and magic in it.  
Begin it now."*

# The Performer's Mastery



With Linda Darlow



And Henry J Mah

**EXPERIENCE POWERFUL GROWTH  
AND CHANGE IN YOUR CRAFT  
AND YOUR CAREER!**

for Actors, Singers, Performers and  
Creative Types in any medium

Call to Book Your Spot Today

**March 23, 24, 25 2012**

To Register call:

Henry J Mah 604-299-0919

Linda Darlow 604-255-0484

## Can performers of any experience and skill level do the Performer's Mastery?

Yes. You need not be a professional performer to benefit from doing the weekend. We accept actors, comedians, singers, dancers, and artists of any performing level. We will employ acting exercises in the workshop for you to discover for yourself how to communicate more freely and move past any stuck areas.

## What will I get out of doing the Performer's Mastery?

The main objective is for you to discover those areas where you hold back in your career, communications and in your life, and giving you a safe environment to push past those stopping places. You will experience organic and lasting change as a result of doing the workshop.

## I'm an industry professional (director, DOP, producer, agent, writer, story editor, etc.). Can the Performer's Mastery benefit me?

Yes. The workshop is a place for you to discover where you stop in your communications with others, in your life and in the industry. By doing the Mastery you will find new places to communicate from that are clearer and more powerful. Your word and intention will carry more weight in your interactions.

## Is it possible to audit the Mastery first?

Only past participants that have completed the workshop are allowed to audit or observe. This is to ensure that the room is a safe container for participants to fully express themselves.

## Why do we perform a monologue in the workshop?

The monologue is one of the tools of an actor that we use to facilitate your discovery in your style of communication and in discovering your individual voice. Choose a piece that has some personal meaning or value for you.

## Why do people have a hard time explaining the Mastery?

For past participants the experience is so personal that they are unable to tell you what YOU will get out of it. You have to be there and experience it for yourself.

## What some Past Participants are Saying About THE PERFORMER'S MASTERY

*"I heard from a few people, "the Mastery will change your life!" I gotta say, it did."*

- Grace Park

Series Lead on [Battlestar Galactica](#), [Hawaii 5-0](#)

*"As a result of doing the workshop, my goals for my career are clearer."*

- Adam Harrington

Series Leads on [Show Me Yours](#) and [Whistler](#)

*"I was sleepwalking through a major issue in my life, and I can see things much clearer now that I am awake in that area."*

- Sarah Jane Redmond

Series Regular on [Da Vinci's City Hall](#) and [L Word](#)

*"I had a profound experience at the Mastery. After doing the workshop it felt like the curtain between me and my dreams had been removed."*

- Patrick Gallagher

Series Regular on [Glee](#) and [End Game](#), Principal roles in [Master and Commander](#), [Night at the Museum](#), and [Sideways](#)

**You are required to memorize a monologue of your own choice – two to three (that's 2 - 3) minutes in length. Remember, less is more. Everything else will be provided.**

## The Workshop Facilitators



**Linda Darlow**

Linda has been teaching Film and Television acting, and leading the Mastery both in Los Angeles and Vancouver for many years. Before moving to Vancouver, Linda was responsible for running the Actor's Institute, which produced The Mastery in Los Angeles as well as other classes and workshops for actors. As an actress, Linda has played roles in over 25 series and sitcoms, 17 TV Movies, 4 Feature Films, and has recurring roles on 4 series. She feels The Mastery has had a lot to do with her personal and professional success and believes that it is the most powerful workshop she has ever done.



**Henry J. Mah**

Henry has involved himself with the Mastery workshop since 1991. He started out in stand-up comedy in 1989 and from there moved on to learning the craft of acting, and has been a professional actor since 1996. The work of the Mastery has helped him in his creative process as a performer and a screen writer. He wrote and starred in his own short film, "No One Ever Suspects the Chinese Guy" and continues to write scripts with several of his friends in the acting community. He has appeared in many film and TV projects, including the feature film "Scary Movie 4", and the TV series "Aliens in America", "Reaper" and "Human Target". He created and ran a weekly drop in for actors, and currently teaches acting classes locally and at his residence.